

## How To Help Your Child With Their Homework

All parents want to help their children in any way they can, but sometimes it is hard to know how to best help when they get easily frustrated with homework and are possibly struggling in school. Here are some helpful tips on how to best get your child engaged and to make homework feel like less of a chore, while also being effective and beneficial for your child's learning and understanding.

- 📖 Just by showing an interest in what your child is learning at school is showing them that school and homework are important which will be a good impression for children to follow when they have to, (but may not want to) do their homework.
- 📖 Reading with your child goes a long way in helping their confidence and learning! Reading to and with your child little and often is a great way of helping them learn without it seeming like a chore and boring to them!
- 📖 Books bring to light new ideas and concepts for children to think about and begin to understand.
- 📖 Maths has a bad stigma attached to it and children usually hate maths homework! Be patient and talk through the problem so you can see how your child is working out the problem and then you can point them in the right direction when they make a mistake.
- 📖 Try and find a quiet place for your child to complete their homework. Distractions like the TV take focus away from the work and make children easily frustrated to the point where they won't be benefiting from the homework, however some background noise like music can be good if they find it relaxing and helpful.
- 📖 No matter how tempted, try not to just give the answer to a question to speed up the task. Explain how to solve the problem and get your child involved in working it out so that next time they will be more confident and capable of doing it alone.
- 📖 If homework is very frustrating and difficult for your child then try setting small and achievable goals that you can focus on together one at a time. This way your child feels more positive because they find they can achieve something and are then encouraged to do more and also achieve them.
- 📖 Setting up a routine can be a good thing when doing homework. A set time at night when homework needs to be done can go a long way in helping children focus. By becoming used to doing homework at a certain time each night also goes a long way in ensuring that your child is doing the recommended extra work which will benefit them hugely in their studies at school.

- ☞ Helping your child is great but don't take over! Allow them independence because it's important for them to learn how to work alone and motivate themselves when working out difficult and challenging problems. Just make sure they know that you are there in the background ready to help and offer support should they need it!
  
- ☞ Asking your child's teacher what areas they could do to have more practice and help with gives you an idea yourself as to what to tackle when doing homework - and is also the best way to help improve their skills so they feel more comfortable working out problems in school and can make the most of the time they spend with the teachers there to learn more.

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